

Culcheth High School Key Stage 4 Curriculum Map 2024 - 2025

Subject: Physical Education Core Years 10 & 11

Exam Board: N/A



**CULCHETH
HIGH SCHOOL**
THE BEST THAT WE CAN BE

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Key Concepts	Students opt for 4 different activities, each for a 6-8 week block, across the key concepts of; Overcoming opponents in team & individual games, Developing techniques & improving performance, Performing dances Improving personal fitness levels. During these teaching units, the students participate in a series of competitive matches/challenges/performances appropriate to the selected activity.				Developing technique & improving performance Overcoming opponents in team & individual games	Developing technique & improving performance Overcoming opponents in team & individual games
Themes	Students select activities from the following range, but this is not an exclusive list. If there is demand for an activity outside of this range, we deliver it whenever possible. Athletics, Badminton, Health & Fitness, Dance, Table tennis, Trampolining, Football, Netball, Hockey, Basketball, Rugby, Handball, Volleyball.				Students perform: Athletics & strike and fielding games (Yr10) Free selection (Yr 11)	Students perform: Athletics & strike and fielding games (Yr10) (no Yr 11 this term)
Writing whole school literacy focus	Communicating with teammates and with performers whilst in the role of coach/official. Reading of performance expectations. Recording of individual performance records Scorekeeping					
Spiritual, Moral, Social and Cultural theme (SMSC) Fundamental British Values	Promoting and following rules and teamwork ethics. Sportsmanship. Perseverance. Health & Safety. Developing a competitive edge.					
Key Assessment Foci, suggested Assessments and Feedback week	Assessments are carried out in the final week of each activity unit, therefore in weeks 6, 12, 19, 26, and 38. Students are assessed against the Culcheth High School Core PE performance descriptors and awarded a % grade based on their competencies in each activity. Students receive feedback as to their performance level and use the performance descriptors to identify what they need to do to improve their performance levels					
Special Events	Programme of inter-school matches					

	Programme of extra-curricular clubs, advertised through the extra-curricular timetable School Sports day
Possible Visits	Ski Trip during Easter Holiday, water sports trip in the Lake District.
CEIAG - Possible Employer Engagement Activities	<p>Listening, Speaking, Aiming High, Problem Solving, Leadership, Staying Positive, Creativity</p> <p>Potential Links with Sports and Leisure Industry as well as coaching/ umpiring initiatives.</p> <p>Students will be afforded the opportunity to assist with Primary School Sporting events to further develop leadership, listening and speaking skills.</p>

Due to facility restrictions, it is impossible for all PE classes to study the same activity as each other at the same time throughout the year. We also acknowledge that different groups of students have different sporting interests, therefore we operate on a facility carousel, in which the students opt for the activity they wish to perform during each unit, based on the range of activities that are appropriate to their allocated teaching space. Throughout the Autumn and Spring terms, students participate in 4 activities across the range of National Curriculum themes. During the summer term, all students concurrently participate in Athletics and a Striking and Fielding game, as our facilities do allow for these activities to be taught at the same time as each other.